

## Independent Contractor List

If Dr. Futrell is not available to assist you, please consider working with one of the providers below. These are independent contractors, not employees. What that means is Dr. Futrell manages all the billing for these providers; however, all your care and scheduling is managed through them and not supervised by Dr. Futrell.

### **Breanna Pelleschi, Licensed Clinical Social worker (DE & PA)**

**Setting:** Offers Telehealth Only

**Payment Type:** Accepts Self-Pay, Optum/United Health & BCBS



Ms. Pelleschi received her master's degree in social work from Temple University in 2014. Ms. Pelleschi collaborates with clients ranging from age 12 to older adults, utilizing individual, family, and couples therapy modalities. Her areas of expertise include treating military/first responders, traumatic brain injury, depression, anxiety, attention deficit hyperactivity disorder, behavior modification, life transitions, career development, post-traumatic stress disorder, mood disorders, self-injurious behaviors, suicidal tendencies/intervention, self-esteem, social issues, relationship issues and stress management.

### **Brianna Lusby, Licensed Associate Counselor of Mental Health (DE)**

**Setting:** Offers Telehealth Only

**Payment Type:** Accepts Self-Pay, BCBS, Aetna, DE First Health, & Medicaid



Bree's approach to therapy is non-directive and compassionate, allowing her clients to feel empowered to lead the sessions in the direction they want. Bree enjoys utilizing this approach to allow the client the ability to grow and make changes on their own. Bree received her master's degree in Clinical Mental Health Counseling at Southern New Hampshire University. She has had a variety of experiences working in the mental health field. She has worked with the incarcerated population and individuals struggling with alcohol and drug addiction. Her expertise ranges from teens, pregnancy/perinatal/postpartum, couples, and older adults who have experienced or are currently dealing with anxiety, depression, self-esteem, trauma, relationship issues, and life transitions.

Bree's services are supervised by Dr. Futrell as she works towards completing her clinical hours

to obtain her LPCMH. Her skills have been verified to be effective by Dr. Futrell and clients have offered amazing reviews of Bree's services.

**Amanda Baker, Licensed Masters Social Worker (DE)**

**Setting:** Offers in-person in Dover, DE and Telehealth

**Payment Type:** Accepts Self-Pay, BCBS, Aetna, DE First Health, & Medicaid



Amanda provides therapy to teens, adults, and couples. She has experience working with clients facing anxiety, depression, trauma, grief and loss, self-esteem concerns, and general life stressors. Her clinical interests also include supporting clients with chronic pain and members of the LGBT community. Amanda believes in creating a safe, non-judgmental space for clients to gain insight, address challenges, and build skills that support their goals. Amanda holds a Master of Social Work degree from the University of Houston. She is supervised by Dr. Futrell as she works toward LCSW licensure.

