

## Independent Contractor List

If Dr. Futrell is not available to assist you, please consider working with one of the providers below. These are independent contractors, not employees. What that means is Dr. Futrell manages all the billing for these providers; however, all your care and scheduling is managed through them and not supervised by Dr. Futrell.

### **Caitlin Pepper, Licensed Professional Counselor of Mental Health (LPCMH) (DE)**



**Setting:** Offers Telehealth Only

**Payment Type:** BCBS

Caitlin earned her master's degree in Clinical Mental Health Counseling from Wilmington University in 2014, and has been fully licensed in Delaware since 2016. Caitlin focuses on providing therapy to adults while utilizing techniques from several modalities, including cognitive behavioral therapy, motivational interviewing, solution focused brief therapy, and acceptance and commitment therapy. Caitlin specializes in helping those who seek assistance with stress, anxiety, grief, depression, trauma, major life adjustments, suicidal ideation, and career growth.

### **Brianna Lusby, Licensed Associate Counselor of Mental Health (DE)**



**Setting:** Offers Telehealth Only

**Payment Type:** Accepts Self-Pay, BCBS, Aetna, DE First Health, & Medicaid

Bree's approach to therapy is Solution Focused and Person-Centered. She will challenge your thinking patterns to encourage a new perspective but in a compassionate and caring way that you feel comfortable in your therapeutic journey. She feels that everyone is capable of profound change and growth with the right tools, support, and hard work. Bree received her master's degree in Clinical Mental Health Counseling at Southern New Hampshire University. She has had a variety of experiences working in the mental health field. She has worked with individuals in the incarceration population and worked with individuals struggling with alcohol and drug addiction. Her expertise is with teenagers, young adults, older adults, and the perinatal population, specializing in anxiety, depression, trauma, and relationship issues. Bree's services are supervised by Dr. Futrell. She has completed her degree and passed her licensing exam however she is now finalizing her practicing hours prior to being awarded her full independence. Her skills have been verified to be effective by Dr. Futrell and clients have offered amazing reviews of Bree's services.

**Amanda Baker, Licensed Masters Social Worker (DE)**



**Setting:** Offers in-person in Dover, DE, and Telehealth

**Payment Type:** Accepts Self-Pay, BCBS, Aetna, DE First Health, & Medicaid

Amanda provides therapy to teens, adults, and couples. She has experience collaborating with clients facing anxiety, depression, trauma, grief and loss, self-esteem concerns, and general life stressors. Her clinical interests also include supporting clients with chronic pain and members of the LGBT community. Amanda believes in creating a safe, non-judgmental space for clients to gain insight, address challenges, and build skills that support their goals. Amanda holds a Master of Social Work degree from the University of Houston. She is supervised by Dr. Futrell as she works toward LCSW licensure.

**Breanna Pelleschi, Licensed Clinical Social worker (DE & PA)**



**Setting:** Offers Telehealth Only

**Payment Type:** Accepts Self-Pay, Optum/United Health & BCBS

Ms. Pelleschi received her master's degree in social work from Temple University in 2014. Ms. Pelleschi collaborates with clients ranging from age 12 to older adults, utilizing individual, family, and couples therapy modalities. Her areas of expertise include treating military/first responders, traumatic brain injury, depression, anxiety, attention deficit hyperactivity disorder, behavior modification, life transitions, career development, post-traumatic stress disorder, mood disorders, self-injurious behaviors, suicidal tendencies/intervention, self-esteem, social issues, relationship issues and stress management.