

Independent Contractor List

If Dr. Futrell is not available to assist you, please consider working with one of the providers below. These are independent contractors, not employees. What that means is Dr. Futrell manages all the billing for these providers; however, all your care and scheduling is managed through them and not supervised by Dr. Futrell.



Amanda Baker, Licensed Masters Social Worker (LMSW) (DE)

Setting: Offers Telehealth Only

Payment Type: Accepts Self-Pay, BCBS, Aetna, DE First Health, Cigna, & Medicaid

Amanda provides therapy to teens, adults, and couples. She has experience collaborating with clients facing anxiety, depression, trauma, grief and loss, self-esteem concerns, and general life stressors.

She specializes in supporting clients with chronic pain and members of the LGBT community but supports other general needs as well. Amanda believes in creating a safe, non-judgmental space for clients to gain insight, address challenges, and build skills that support their goals. Amanda holds a License as a Masters level Social Worker receiving her degree from the University of Houston.

Caitlin Pepper, Licensed Professional Counselor of Mental Health (LPCMH) (DE)

Setting: Offers Telehealth Only

Payment Type: BCBS / OPTUM / UBH



Caitlin earned her master's degree in Clinical Mental Health Counseling from Wilmington University in 2014, and has been fully licensed in Delaware since 2016. Caitlin focuses on providing therapy to adults while utilizing techniques from several modalities, including cognitive behavioral therapy, motivational interviewing, solution focused brief therapy, and acceptance and commitment therapy. Caitlin specializes in helping those who seek assistance with stress, anxiety, grief, depression, trauma, major life adjustments, suicidal ideation, and career growth.

Brianna Lusby, Licensed Professional Counselor of Mental Health (LPCMH) (DE)



Setting: Offers Telehealth Only

Payment Type: Accepts Self-Pay, BCBS, Aetna, DE First Health, Cigna, & Medicaid

Bree received her master's degree in Clinical Mental Health Counseling at Southern New Hampshire University in 2022. Her area of expertise is working with teenagers, young adults, older adults, and the perinatal/postnatal population who are struggling with anxiety, OCD, depression, trauma, relationship issues, and/or adjusting to life stressors. Bree utilizes techniques from several modalities, including cognitive behavioral therapy (CBT), motivational interviewing (MI), and solution-focused brief therapy (SFBT).

Breanna Pelleschi, Licensed Clinical Social worker (LCSW) (DE & PA)

Setting: Offers Telehealth Only (**WAITLIST**)

Payment Type: Accepts Self-Pay, Optum/United Health & BCBS



Ms. Pelleschi received her master's degree in social work from Temple University in 2014. Ms. Pelleschi collaborates with clients ranging from age 12 to older adults, utilizing individual, family, and couples therapy modalities. Her areas of expertise include treating military/first responders, traumatic brain injury, depression, anxiety, attention deficit hyperactivity disorder, behavior modification, life transitions, career development, post-traumatic stress disorder, mood disorders, self-injurious behaviors, suicidal tendencies/intervention, self-esteem, social issues, relationship issues and stress management.